



**Date:** Wednesdays, July 31, August 7, 14, 21 & 28  
**Time:** 7 AM—3:30 PM  
**Location:** JATC DC Facility  
 4371 Parliament Place, Suite A  
 Lanham, MD 20706  
**Cost:** \$100/person



# OSHA 30-Hour Construction Safety Training

**Voluntary compliance education taught by OSHA 500 authorized instructors, designed to reduce on-the-job accidents, meet regulations, avoid OSHA citations, and create a safer working environment**

## COURSE TOPICS

- Introduction to OSHA
- Scaffolding & Lifts
- Electrical Safety
- Fall Protection
- Personal Protective Equipment
- Trenching & Excavation
- OSHA Inspection
- Hand and Power Tools
- Stairways & Ladders
- Job Hazard Analysis
- Cranes
- Welding & Cutting
- ...and More

This construction safety and health course is designed for all construction employees. OSHA policies, procedures, standards, and safety and health principles are the main focus of this course. Topics include the scope and application of 29 CFR 1926. Using OSHA construction standards as a guide, special emphasis is placed on becoming knowledgeable about the most hazardous areas of the construction industry.

## **Participants receive OSHA 30-Hour Construction Safety Completion Card**

### Lead Instructor: Jerry Rivera, NECA DC Safety Director

**Jerry** has over 20 years of experience in the construction industry. His professional endeavors include serving as Regional Safety Director for a large, national electrical contractor; Safety Manager for a mechanical, electrical, and plumbing contractor; Regional Safety Manager for a residential developer; and Safety Director for NECA National. Mr. Rivera is serving on OSHA’s Advisory Committee on Construction Safety and Health. His committee experience also includes membership on Standard for Electrical Safety in the Workplace (NFPA 70E), American Society of Safety Engineers Standards Development Committee and the Accredited Standards Committee on Construction Safety and Demolition. Jerry has a master’s degree in Safety Engineering.

Please Send Completed Form to the Chapter by email to [registration@wdcneca.org](mailto:registration@wdcneca.org)

Register the following person(s) from our firm:

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 EMAIL: \_\_\_\_\_

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 EMAIL: \_\_\_\_\_

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 EMAIL: \_\_\_\_\_

Signature: \_\_\_\_\_ DATE: \_\_\_\_\_

Company: \_\_\_\_\_ EMAIL: \_\_\_\_\_